

# Motivational Interviewing: Techniques and Applications



PRESENTED BY:  
Chad Petties, LMFT &  
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## Outcomes:

- Define Motivational Interviewing and its theoretical foundations (e.g., student-centered, collaborative approach).
- Describe the four processes of MI: Engaging, Focusing, Evoking, and Planning.
- Explain the principles of MI, including expressing empathy, developing discrepancy, rolling with resistance, and supporting self-efficacy.
- Identify change talk vs. sustain talk and recognize their importance in behavior change.
- Understand the OARS communication skills: Open questions, Affirmations, Reflective listening, and Summarizing.
- Identify the Deliverance of Motivational Interviewing in the School Setting.
- Demonstrate respect for diverse motivations and readiness to change.

 **February 23, 2027**  
9:00 a.m. - 12:00 p.m. **Cost:** Free for RC SELPA Members  
\$20.00 for Non RC SELPA Members

 **RC SELPA**  
2935 Indian Ave  
Perris, CA 92571 **CEU Credits:** Additional \$20.00

 951-490-0375

 Tracy@rcselpa.org

**Click or scan**  
**to register**



**Follow Up Coaching Session:** March 11, 2027, 10-10:30 a.m.  
via Zoom (link will be sent out to attendees of training).

**Registration Deadline: February 16, 2027**

Should you require special accommodations to participate, please contact Riverside County SELPA at least 10 business days prior to the training at 951-490-0375.

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February 23, 2027

## Continuing Education Form

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If paying by check or cash, send this form along with your \$20.00 payment to the address below. Please make check payable to: VAL VERDE UNIFIED SCHOOL DISTRICT - SELPA

If your CEU fee was paid online, mail this form to the address below, email a copy to [Abigail@rcselpa.org](mailto:Abigail@rcselpa.org), or bring it with you to the training. If your payment and completed form is received at least 5 days prior to the training, your certificate will be available at the end of the training. If payment and completed form is received at the training, your certificate will be emailed to you once processed.

Riverside County SELPA  
ATTN: Sandra Silveira  
2935 Indian Street  
Perris, CA 92571

This course meets the qualifications for three (3) hour of Continuing Education (CE) credits for:

- California Board of Behavioral Sciences, Riverside County SELPA
- National Association of School Psychologists (NASP), Riverside County SELPA License number 1106

Participants must attend the entire three (3) hour workshop in order to receive continuing education credit.

**PRINT name exactly as it is to appears on your license/credential:**

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**CA license #** \_\_\_\_\_ **PPS Credential #** \_\_\_\_\_

Riverside County SELPA is approved National Association of School Psychologists. Riverside County SELPA maintains responsibility for this program and its content. This program is offering 3 credits for School Psychologists and Mental Health Specialists (LCSWs, MFTs, LEPs & LPCCs). The Riverside County SELPA follows the laws, rules and regulations of California such as the Welfare and Institutions Code 5823, HIPAA, and the American Psychological Association's Ethical Principles of Psychologists ([www.apa.org/ethics/cose.html](http://www.apa.org/ethics/cose.html))